

$$\alpha) \quad f(x) = \frac{2x}{x^2+1} \Rightarrow f\left(\frac{1}{x}\right) = \frac{2 \cdot \frac{1}{x}}{\left(\frac{1}{x}\right)^2+1} \Rightarrow f\left(\frac{1}{x}\right) = \frac{\frac{2}{x}}{\frac{1}{x^2}+1} \Rightarrow f\left(\frac{1}{x}\right) = \frac{\frac{2}{x}}{\frac{1+x^2}{x^2}} \quad \left. \begin{array}{c} \curvearrowright \\ \curvearrowleft \end{array} \right)$$

$$\Rightarrow f\left(\frac{1}{x}\right) = \frac{2x}{1+x^2} \quad \overset{f(x)=\frac{2x}{1+x^2}}{\Rightarrow} \quad f\left(\frac{1}{x}\right) = f(x)$$

β) Έχουμε **ισοδύναμα**

$$f(x) \leq 1 \quad \overset{f(x)=\frac{2x}{1+x^2}}{\Leftrightarrow} \quad \frac{2x}{1+x^2} \leq 1 \quad \overset{1+x^2 \geq 0}{\Leftrightarrow} \quad 2x \leq 1+x^2 \Leftrightarrow 0 \leq 1+x^2-2x \Rightarrow$$

$$\Rightarrow 0 \leq (1-x)^2, \text{ που ισχύει}$$